

HILLSIDE VOLUNTEER OPPORTUNITIES

For more information about volunteering, please contact us at (404)875-4551 or www.hside.org

CLUB NAME	JOB DESCRIPTION/DUTIES	DAY/TIME	# OF VOLUNTEERS	GROUP / INDIVIDUAL	SPONSORSHIP/ SUPPLIES NEEDED
Adopt-A-Holiday Holidays are special for our children, and, it can also be a sad time.	Adopt a holiday spending the day with our children by providing a meal, games, activities, and decorations.	O , WD , WE	1 - 50	G , IN	MLK Day, Valentine’s Day, St. Patrick’s Day, Easter, Passover, Memorial Day, July 4 th , Labor Day, Halloween, Thanksgiving, winter holidays.
Animal Therapy Under the leadership of our therapist, the children will work with all types of animals on their therapeutic goals.	All furry friends are welcome...(and their pet owners too)!	O , WD	1 - 5	IN	Animal crates, leashes, bowls, food, and other animal products.
Arts & Crafts Club Gives children the opportunity to learn different arts and crafts using everyday items while making their own personalized accessories for their room, to give as gifts, and to sell to the Hillside community.	Knitting and Crochet Club is in session. Seeking volunteers to assist with teaching classes.	O Tuesdays 6:00 PM	1 - 10	G , IN	Arts and crafts supplies, fabric, decoration utensils, glitter, sewing supplies, hand bags, tote bags, jewelry.
Athletic Club Club allows children to get high cardio fitness while learning specific skills in basketball, volleyball, baseball, and other sports.	We are seeking sports-minded volunteers that are interested in teaching physical fitness goals.	O , S	1 – 20	G , IN	Indoor basketballs, volleyballs, baseballs & bats, 10 mesh practice jerseys, round numbered bases for drills, air pump and needles.
Bowling Club/Ping Pong Club Opportunity for children to learn skill in community activities that are not fitness based.	If you love to bowl or play ping pong, this is the perfect club to join.	O , WD , WE	1 - 20	G	Bowling pin set, spare bowling ball, spare pins, lane dividers, 12 Ping Pong paddles, nets, ping pong balls.
Campus Beautification Hillside is located on a 14-acre wooded campus that requires regular maintenance and landscaping.	You don’t have to be experienced in landscaping to help out – just willing to work outdoors in the elements.	O S WD	1 - 50	G	Various landscaping equipment and tools such as pine straw, mulch, wheel barrows, work gloves, and more.
Collection Drives These are great in-kind fundraisers for corporations and offices. Employees rally together, challenging departments, while raising awareness.	Set up a collection bin in your lobby or department for 2-4 weeks collecting specific items.	O WD WE	unlimited	G , IN	Examples of collections: pajamas & slippers, hygiene (travel size), scarves, gloves, hats, coats, hair salon products, linen, wash cloths, socks, underwear, etc.

Based on 81 children. **LEGEND:** O – ongoing, S – seasonal, WD – Mon - Fri, WE – Sat & Sun, IN – Individual, G – Group

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Community Meals This is a monthly activity that brings together our children, their therapy team, family and staff to enjoy a meal together.	Volunteers will be serving and/or sponsoring the meal, cleaning up, and welcoming guests.	O, WD Mon 5:00 PM	1 - 20	G	Dinner, beverages, dessert, plates, cups, plastic utensils, and other dinner items.
Community Service Club An opportunity to give back to Hillside and the community through service. Opportunities will vary from selling vegetables & fruit from the garden, arts & crafts, and photography.	Children will help children with community service projects, identifying organizations, and lessons in philanthropy.	O, WD, WE	1 - 5	IN	Great ideas needed.
Dance Team Skill building opportunity to be free, learn free style dances, and learn the importance of working as a group/team.	Dancing experience is a plus, but not necessary.	TBD	1 - 5	IN	Standard uniform, funds for the team to go see at least one dance performance in the community per quarter.
Fundraising & Awareness Hillside will soon celebrate 125 of service and we will need plenty of support in getting the word out into the community.	Need volunteers help with our 5K Race in April 2012. We are seeking volunteers to help us with ongoing awareness and fund-raising projects.	O, S, WD, WE	unlimited	G, IN	Great ideas needed.
Gardening Club This activity consists of taking care of the 1-acre garden on campus by weeding, watering, and tending to the plants, vegetables, and fruits. It also gives children a sense of responsibility in growing their own "food".	Green thumbs are welcome to teach our children about gardening.	S, WD, WE	1 - 10	G, IN	Work gloves, protection eye wear, smocks, sun screen, seeds, garden equipment, potting plants and soil.
Gift Wrapping Party We receive tons of gifts for the kids during the holiday season and need some assistance in wrapping all gifts.	Assistance in "Santa's Workshop" by wrapping holiday gifts, labeling gifts, sorting gifts	S, WD, WE (12/5 - 12/18)	1 - 20	G, IN	Holiday wrapping paper, tape, post-it notes, ribbon, bows, and gift boxes.
Hair Salon Hillside has identified a place on campus to open a hair salon. It costs approximately \$15,000 per year to provide hair care services to our children.	Professional hair stylists, barbers, and cosmetology students will perform hair care services on our children twice a month.	O, WD, WE	1 - 5	G, IN	Various hair care products.

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Life Skills Club ("Little Ladies Etiquette" and "Lads to Leaders") These gender-based clubs are designed to teach proper etiquette, personal hygiene, appropriate dress, effective choices amongst their peers and the joys of being a lady and a gentleman among their peers.	Leaders of this activity club will lead various workshops. Volunteers must have a special skill-set and deliver clear presentations	O, WD Weds. 6:00 PM	1 - 20	G, IN	Gift cards to clothing stores to purchase dinner attire, gift cards to anywhere hygiene products can be purchased, dinner in the community at an upscale restaurant.
Photography Club Club designed to allow children to capture their own interpretation of art and beauty in still life. Basic education on how to use a camera.	This is one of the favorite clubs on campus. It would be great for the volunteers to bring their own cameras and gear.	WD Mon. 6:00PM	1 - 5	G, IN	4x6 postcard size printer paper, Ink Cartridges, various photography supplies.
Sign Language Club Skill building opportunity for the children to learn a non verbal way to effectively communicate with others.	Seeking volunteers that can teach basic sign language.	TBD	1 - 5	G, IN	Basic Sign Language Manuals.
Spoken Word & Poetry Club A club designed to allow children to express themselves through poetry and spoken word while still being verbally appropriate.	Children love expressing themselves through the arts. Volunteers will help children with creative writing, spoken word, and poetry.	WD Thurs. 6:00 PM	1 - 5	G, IN	Journals, writing utensils, microphone and speaker with stand. Funds to send the club to a performance in the community and host their own performance on campus.
Walking & Running club Club allows children to get low and high cardio fitness without the need of any special athletic skills.	Similar to the Athletic Club, volunteers will participate in fitness goals and activities.	O, S	1 - 20	G, IN	Pedometers, water bottles, headbands, face towels, walking shoes, absorbent socks.

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